**Editorial comments:**  
**\* There are a few sections of your manuscript that show significant overlap with your previously published work. These sections include those indicated by the red font in the attached manuscript. Please re-write that text to avoid plagiarism (including self-plagiarism). We understand that there may be a limited number of ways to describe a complex technique such as yours, but you must use original language throughout the manuscript.**

These sections have been re-written with original language and are highlighted in the revision.

**\* Protocol text:   
1) Please make sure every step is in the imperative tense as if you are telling someone how to do the technique (i.e. "Do this", "Measure that" etc.)**

Every step in the protocol has been changed to the imperative tense. The changes are highlighted in the revision.

**2) If you are re-using figures from a previous publication, you must obtain explicit permission to re-use the figure from the previous publisher (this can be in the form of a letter from an editor or a link to the editorial policies that allows you to re-publish the figure) and you must cite the figure appropriately in the figure legend, i.e. "This figure has been modified from [citation]."**

There was a misunderstanding in reading the contract with the previous publisher. It states that the figures can be reused, but only for personal publications and personal websites where a third party is not involved. Therefore, all new figures were created with a different format, organization, sequence, and style of presentation.

**3) Please provide more information/descriptions for the highlighted steps. For example, could you describe in detail what is meant by "prepare" in steps 2.1 and 2.2.**

The steps in the X.X format are the headers for the steps in the X.X.X. format. In other words, the X.X.X steps is the detailed description of the X.X header. The protocol was reorganized to make this point a clearer. Words like “prepare” are replaced with sufficiently descriptive text. These changes are highlighted in the revision.